

Sandgate District State High School



Dance Excellence Program Handbook 2026

Contact Details

Head of Department

Mrs. Julia Lennon 3869 9807 jlenn65@eq.edu.au

Dance Teachers

Cassie Jordan 3869 9842 cljor0@eq.edu.au
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Rehearsal Timetable

| Time | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--------|--|----------------------------|--|--------|
| Before School 7am-8:30am | | | | Junior and Senior Dance Excellence | |
| Lunch (1.30pm) & Period 4 Lesson | | Junior Dance Excellence | Senior Dance Excellence | | |
| After School 3-4.30pm | | Junior and Senior Dance Excellence | | | |

Expectations of Student Participation

- Commitment to the Dance Excellence program is for the whole year.
- **Weekly attendance at lessons and rehearsals with required attire**
- **Attendance** at **ALL** performances, during and outside of school hours, including camps.
- **Weekly rehearsal** of routines and syllabus work as required by teachers.
- Observance of good rehearsal and performance **etiquette**.
- High level of behaviour and effort demonstrated in Dance program and throughout all classes.
- If a clash of commitments occurs, students are expected to act responsibly and discuss the clash with the teachers of both activities.

Fees

Dance Excellence tuition is free; however, students are asked to make a contribution towards costumes, guest artist fees, and other equipment. Families must **complete a Student Resource Scheme Participation Agreement Form** and return this to the school office to access educational resources for the Dance Excellence program. This contribution will be invoiced in Term 1. This Dance Excellence Program Resource Fee is **\$180 per student**.

A periodic payment plan can be negotiated with the Business Services Manager. Please complete the appropriate form and return it together with your payment to the school's Payment Collection office.

All payments should be made directly to the school office on invoice. Fees can be paid also via BPoint or QParents.

Students with unpaid fees may not be able to attend events as part of the Dance Excellence program.

Uniforms

Students in the Dance Excellence Program have the option to purchase a uniform to wear for most performance events. Uniforms are purchased in bulk and this order will be arranged in Term 1. There is an additional cost to purchasing a Dance Uniform.

Calendar of Events

Please consider these dates as advance warning of major events that we expect to take place during the year. We will advise you of any changes to the calendar as soon as we are made aware of them. Wherever possible, several weeks' notice will be given for each commitment.

It is the responsibility of every student to check these communications and arrange their work, social and other activities around these commitments.

Further performances and events may be scheduled throughout the year. Notice will be given of those events.

| | |
|------------------|--|
| FEBRUARY | |
| MARCH | |
| APRIL | 1 April (T1 Week10) – QLD Ballet Workshop |
| MAY | 6-8 May (T2 Week 3)- Dance Camp 27-28 May (T2 Week 6) – Infinity Dance Comp (TBC) |
| JUNE | 19 June (T2 Week 9) – DanceX Online |
| JULY | 15 July (T3 Week 1) – Bangarra Excursion 16 -18 July (T3 Week 1) – Creative Generation |
| AUGUST | 10 August (T3 Week 5) – Ipswich Performers 13 August (T3 Week 5) – DancE'd in the Spotlight |
| SEPTEMBER | 4 September (T3 Week 8) – Dance Night Rehearsal Day 11 September (T3 Week 9) – Dance Night |
| OCTOBER | |
| NOVEMBER | TBC (T4 Week 5-6) – Southern Federation Syllabus Exams 19 November (T4 Week 7) – Awards Night |

Costume Requirements



SDSHS Dance Excellence Performance Kit Requirements

These items are required for all performances including at school performances. It is the student's responsibility to ensure they have everything they need for each performance.

Please note: Most Sandgate Dance Troupe costumes will be supplied and are covered by the annual fee.

Girls-

Hair

Bobby Pins in hair colour
Hairspray
Hair gel
Comb
Brush
Hair Ties in hair colour

Undergarments

Black bike pants (Must be all black – no writing or symbols)
Matt Nude Stirrup Stockings (please see below)
Skin coloured brief and bra (please see below)

Make- up

Foundation in skin tone
Powder
Pink blush
Brow pencil (especially for blondes)
Eye shadow in blacks and browns
Black eyeliner
Black mascara
False eyelashes
Bright red lipstick
Make up remover or wipes

Boys-

Hairspray

Hair gel
Comb
Black bike pants (Must be all black – no writing or symbols)
Skin coloured brief

Other items - Everyone

Sandgate Dance Troupe Jacket
Dance Troupe t-shirt
Sandgate Dance Troupe Pants/
plain black full length tights
Track pants or shorts for boys –
plain black or Sandgate Dance
Troupe pants
Black jazz shoes
Contemporary thongs (optional)
Safety pins
Tissues

Dance and Play (North Lakes) – Matte, Light suntan, stirrup stockings \$17.95



Capezio Ultra Soft Tight, Adults, 1...

Light Suntan / Small / Medium

\$17.95

– 1 +

[Remove](#)

Dance and Play (North Lakes) – options for a costume bra, clear back strap and convertible clear straps.



Capezio Camisole Clear Back Bra ...

Nude / XSmall (Fits Childs size 12-14)

\$37.95

– 2 +

[Remove](#)



Energetiks Costume Bra, BRA01

Flesh / 8A

\$36.95

– 1 +

[Remove](#)

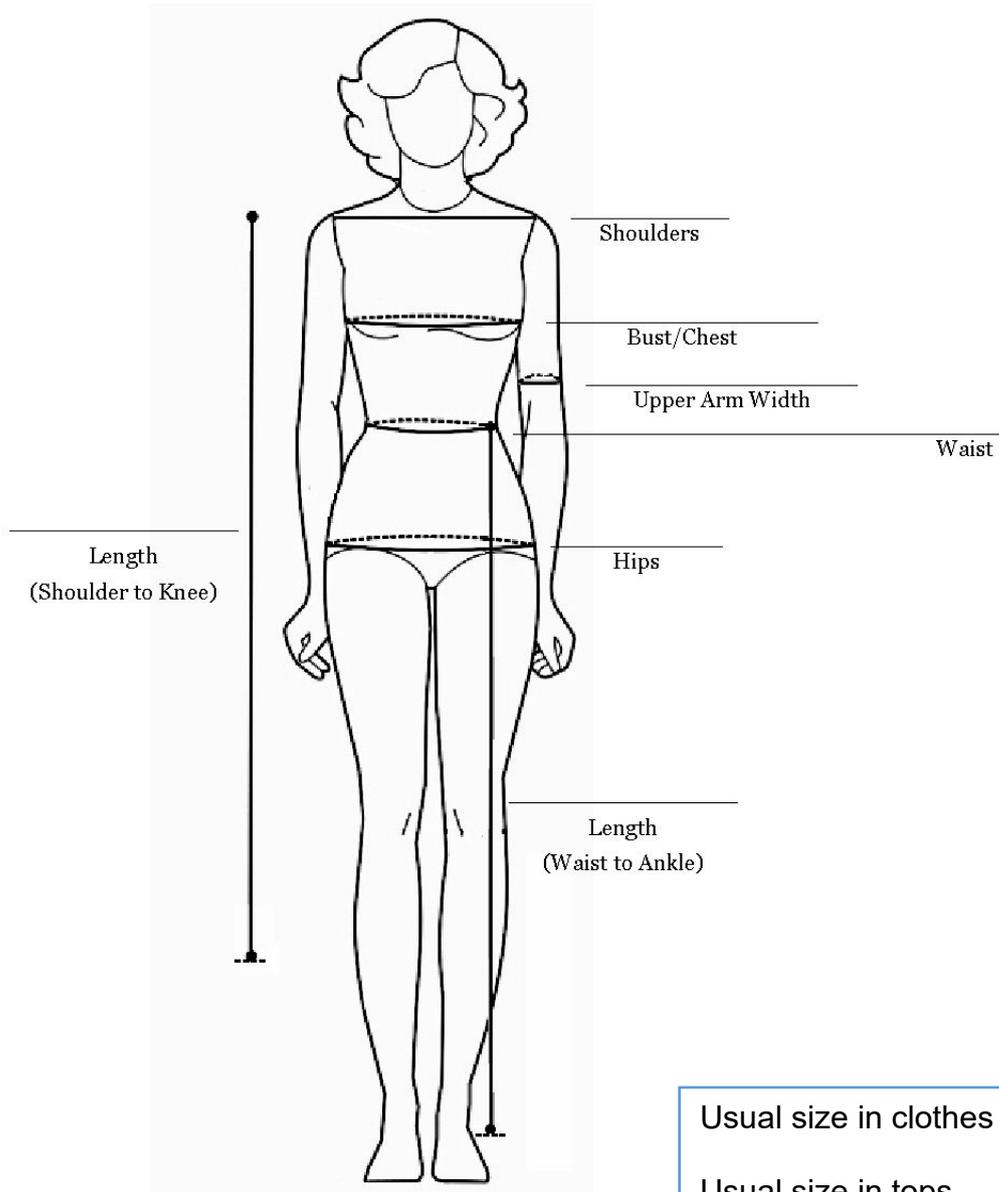
Costume Requirements



Costume sizing

Please measure your child and fill out the diagram.
Please also indicate usual size in clothes in the box below.

_____ 's Measurements



| |
|-----------------------------|
| Usual size in clothes _____ |
| Usual size in tops _____ |
| Usual size in |
| Bottoms _____ |