



Student Learning and Wellbeing Framework



The Australian Student Wellbeing Framework (the Wellbeing Framework) is a foundational document that provides Australian schools with a vision and a set of guiding principles to support school communities to build positive learning environments, and to consider reviewing current safety and wellbeing policies and support requirements. The five key elements of the Wellbeing Framework are:

Leadership: Principals and school leaders play an active role in building positive learning environment where the whole school community feels included connected, safe and respected.

Inclusion: All members of the school community are active participants in building a welcoming school culture that values, diversity, and fosters positive, respectful relationships.

Student Voice: Students are active participants in their own learning and wellbeing, feel connected and use their social and emotional skills to be respectful, resilient and safe.

Partnerships: Families and communities collaborate as partners with the school to support student learning, safety and wellbeing.

Support: School staff, students and families share and cultivate an understanding of wellbeing and support for positive behaviour and how this supports effective teaching and learning.

At Sandgate District State High School, we pride ourselves on working hard in partnership with our community to build outstanding futures for students. To do this a whole school approach to student learning and wellbeing is taken.

Equity and Excellence

Equity and Excellence focuses on preparing the students of today for a more diverse and global world. We know that many of the jobs of tomorrow haven't yet been created, so it is critical that our strategy unlocks students' potential to become healthy, productive, life-long learners and job-ready citizens. *Equity and Excellence* focuses on educational achievement, well-being and engagement, and culture and inclusion. We want parents, communities – and most importantly – students to know that we will give them every possible opportunity to succeed. Our young people are growing up in a world driven by new technologies and economic globalisation. Their future means they need a new set of cognitive, social, and emotional skills for success.

At Sandgate District State High School, we base our learning and wellbeing framework on the values of the acronym PRIDE:

- **Perseverance** - The commitment to continue striving towards goals, even in the face of challenges and obstacles. It involves resilience, persistence, and the determination to overcome difficulties while pursuing academic and personal aspirations.
- **Respect** - The act of showing consideration and appreciation for oneself, others, and the surrounding environment. Respect involves acknowledging the value and dignity of every individual, embracing diversity, and fostering a culture of kindness and understanding.
- **Innovation** - The pursuit of creative and original thinking in learning, problem-solving, and project development. Innovation encompasses the encouragement of new ideas, experimentation, and the willingness to take intellectual risks to advance knowledge and practice in various fields.
- **Dedication** - A deep commitment to a task or purpose, characterised by hard work, passion, and a strong sense of responsibility. Dedication is about consistently putting effort into achieving goals and maintaining a high standard of performance in academic and extracurricular activities.
- **Excellence** - The continual pursuit of the highest standards in academic achievements, personal development, and community contributions. Excellence is about striving to be the best in every endeavour, enhancing personal capabilities, and contributing positively to the broader community.

These values reflect a comprehensive and inspiring set of principles that guide the behaviour and aspirations of our school community.

To expand the horizons of all students and build confident, self-disciplined, and kind young people, a whole school approach is taken using the following Student Learning and Wellbeing Framework.

Wellbeing Curriculum and Pedagogy - Connect

Wellbeing is embedded in all aspects of school life through the learning environment, curriculum and pedagogy, policies, procedures and partnerships for learning and life. At Sandgate District State High School, we understand the importance of young people developing their social and emotional skills toolkit and that success at school is more than a student's grades; it is their ability to contribute to their community as a confident, kind, and resilient person. The personal and social capabilities of self-awareness, self-management, social awareness, and social management are ingrained in the implementation of the P-12 curriculum, assessment, and reporting framework through a program we have aptly named 'Connect. Connect is aimed at maximising our students' resilience and is based on Martin Seligman's work on PERMAH+ in his book Flourish (2011) with the following topics covered: Positive emotion, Engagement, Relationships, Meaning, Accomplishments and Health.

Student Support Network

Sandgate District State High School is proud to have a comprehensive Student Support Network in place to support the social, emotional, and physical wellbeing of every student. This team of professionals aim to ensure an inclusive, nurturing environment. Students can approach any trusted school staff member to seek assistance or advice. Staff may assist the student or connect the student with an appropriate member of the Student Support Team. The Student Support Team includes:

- Guidance Officers – Career information, Choosing school subjects, Personal counselling, Crises counselling
- School Based Youth Health Nurse – Promotes health and wellbeing, creates a supportive and healthy school environment
- School Chaplain – Helps to assist in the life of the school or is someone to listen and to discuss sensitive issues with
- Senior Psychologist – Can be accessed through an initial referral from a Deputy Principal or Guidance Officer
- Social Worker – Support for students due to family issues, homelessness or students at risk of not completing their education
- School Based Police Officer – To support and advise students, parents and staff

Parents and students can contact the student support team by email GuidanceOfficer@sandgatedistrictshs.eq.edu.au or phone (07) 3869 9888.

Co-curricular Programs

The co-curricular activities available at Sandgate District State High School offer a variety of opportunities for students to further their personal development and strengthen feelings of connectedness to our school and the community. Co-curricular participation supports the social, emotional, and physical wellbeing of students by building friendships, skills, and social networks. These co-curricular activities are aligned to our mission to expand students' horizons. The Student Support team run a range of programs and groups designed to create a sense of belonging in the school community to address current concerns. These programs are run at a universal, focussed, and intensive levels. Examples of some of these groups include:

- Managing the Bull
- Blue Edge
- Chappy Breakfast
- Love Bites
- Real me
- Respect
- Rock and Water
- Boxercise
- Top Blokes
- Two's Company

Reference List

A new Framework is now live on the Student Wellbeing Hub – it's called the Australian Student Wellbeing Framework. The Framework captures the holistic nature of what contributes to students feeling safe, connected, respected, supported and engaged in their learning. You can see more about this Framework and its supporting resources on the Student Wellbeing Hub. Discover more at www.studentwellbeinghub.edu.au

Headspace (2020) SafeMinds, schools and families enhancing minds. <https://safeminds.org.au/schools/resources-for-schools/>